



# Work and Trauma

A trauma informed practice organisation is aware that ...

- Trauma is a major factor in avoidant behaviour
- Life threatening accidents, childhood abuse, severe neglect, domestic violence and trauma bereavement are all trauma related events.
- Many have experienced multiple trauma events and recovery is complex
- Staff need to be properly equipped to deliver quality assistance
- Up to 75% of substance dependent people have experienced trauma.
- 80% of incarcerated people have experienced trauma.

Clients will benefit by staff learning ...

- How the brain is wired as a result of trauma
- Why clients become numb and frozen or angry and aggressive
- Why clients continually relapse
- How to provide a safe secure environment for clients

Testimonials

*Course content was useful and helps inform our professional practise. It presents information which helps change and mould workers' perspective on the clients they work with. (Departmental Manager The Salvation Army)*

*I found I learnt more in one day at this training than I did in an entire university unit focusing on psychology of trauma! (Psychologist)*

*Having done past trauma workshops I felt that the information provided tools to take away were by far the best I have seen. (Social worker)*

