



INSIGHT

Insight Mental Health Awareness and Suicide Prevention Program is a training program tailored specifically for staff in corporate Australia

The aim of the workshop is to educate, empower and resource workers to identify and support people who might be at risk of suicide and mental health issues

INSIGHT CORE TRAINING MODULES INCLUDE

INSIGHT INTRODUCING THE EVIDENCE

NINSIGHT NAVIGATING THE ISSUES

SINSIGHT SUICIDE MYTHS

INSIGHT IDENTIFYING PEOPLE AT RISK

GINSIGHT GAINING SKILLS

HINSIGHT HELPING PEOPLE TO
CONNECT TO SERVICES

TINSIGHT TAKING CARE OF OURSELVES



insight

MENTAL HEALTH AWARENESS &
SUICIDE PREVENTION TRAINING

- Training can be delivered on site, subject to numbers
- A full day workshop (suggest 9.30am – 3.30pm)
- Require minimum 10 and max 22 people
- All profits from the seminar go to help Salvos Counselling provide mental health support to the vulnerable within society

FOR MORE INFORMATION

Salvos Counselling

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SalvosCounselling
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